



Ethos



SMALL PLATES

OYSTERS TWO WAYS

CLASSIC AND SPICY CITRUS GRANITA.

R45 EACH

STUFFED SQUID

CHERRY TOMATO | GARLIC | WALNUT DRESSING | RAISIN MOLE.

R145

GRILLED OCTOPUS

CARAMELISED ONION | KALE | PEAS | ROMESCO.

R165

PRAWN & MUSSEL SAGANAKI

PRAWNS AND MUSSELS BRAISED IN SAGANAKI SAUCE | CRUMBLLED FETA | CIABATTA TOAST.

R145

SALMON CEVICHE

RED ONION | CRISPY PUFF PASTRY | RADISH.

R135

HOT TIGER PRAWNS

BEAN SALAD | BLACK BEAN | CORN | CHIMICHURRI | ROMESCO.

R145

CRAYFISH RAVIOLI

SPICY CRAYFISH BISQUE | CRISPY QUINOA.

R135

BAKED FETA^(v)

WRAPPED IN FILO AND BAKED | SESAME SEEDS | BEE-HIVE HONEY | SEEDLESS GRAPES.

R105

CAULIFLOWER BITTERBALLEN^(v)

ROMESCO | CRISPY QUINOA | CRISPY KALE | CAULIFLOWER PURÉE.

R105

KOFTA - GREEK STYLE

GREEK STYLE LAMB AND BEEF MEATBALLS | MINT YOGURT.

R105

PULLED LAMB

PULLED LAMB BAO BUNS | UMAMI SAUCE | SPRING ONION | PICKLED CUCUMBER.

R145

ETHOS SLIDERS

SPRING ONION | SESAME SEEDS | PICKLED CARROTS.

R145



SALADS

VILLAGE SALAD (v)

GREEK DODONI FETA | TOMATOES | CUCUMBER | GREEN PEPPERS | RED ONIONS | KALAMATA OLIVES | CAPERS | OREGANO | RED WINE VINEGAR.

R135

SUMMER SALAD (v)

BABY GEM | COCKTAIL TOMATOES | CUCUMBER | POMEGRANATE SEEDS | ORANGE SEGMENTS | GREEN OIL DRESSING | ALMOND FLAKES.

R120

ROCKET SALAD (v)

GRAPES | HALLOUMI | CHILI HONEY | SESAME SEED.

R120

FROM THE SEA

NORWEGIAN SALMON

ORZO | EDAMAME BEANS | BRUSSEL SPROUT | LEMON THYME SAUCE.

R295

JOSPER GRILLED WHOLE FISH

JOSPER ROASTED FISH OF THE DAY.

R650 FOR TWO

SEAFOOD PLATTER

CALAMARI | PRAWNS | LINEFISH | OCTOPUS | CRAYFISH | VEGETABLES | SPANISH RICE | SELECTION OF SAUCE.

R1350 FOR TWO

KINGKLIP

EDAMAME BEANS | TENDER STEM BROCCOLI | MUSSEL | WHITE WINE VELOUTE.

R285



ETHOS MAINS

LAMB KLEFTIKO

BUTTERNUT PUREE | CHICKPEA PEAS | THICK YOGHURT (MUSCLE | DILL | MINT).

R285

LAMB SHANK

MASH | HERBS | JUS | CRISPY BUCKWHEAT.

R325

PORK BELLY

JOSPER GRILLED SWEET POTATO | PINEAPPLE | BEETROOT CHIPS | APPLE | RED ONION JAM | PICKLED ONION | HONEY GLAZE.

R195

MEAT PLATTER

FILLET | SIRLOIN | LAMB RACKS | SAUSAGE | MEAT BALLS | CHIPS | ROASTED VEGETABLES | SPANISH RICE. SELECTION OF SAUCE.

R1050 FOR TWO

SEAFOOD LINGUINE

MUSSELS | PRAWNS | CALAMARI | SEAFOOD CREAM | FRESH BASIL | TOMATO | CHILI.

R295

LOBSTER

CREAMY RISOTTO | CHIPTOLE | MUSSEL | SEASAME SEEDS | PICKLED CUCUMBER.

R285

CHICKEN ORZO

CHICKEN THIGH | GREEK ORZO | RAGOUT OF PEARL ONIONS | TOMATO | GARLIC | ROASTED RED PEPPERS.

R210

DEBONED CHICKEN

SWEET CORN | TOMATO SOFRITO | FETA | OLIVES | FRIED AUBERGINE | CHARRED LEMON | CHIMICHURRI.

R220

CAULIFLOWER (v)

CAULIFLOWER HEART | CAULIFLOWER PUREE | RAISINS | KALE | WALNUT DRESSING.

R185

MUSHROOM RISOTTO (v)

MUSHROOM RISOTTO | KING OYSTER MUSHROOM | SHITAKE | BUTTON MUSHROOMS PUREE | PICKLED ONIONS | SHAVED PARMESAN.

R185



SELECTED CUTS

BEEF SHORT RIB ^{700G} MARINATED AND JOSPER ROASTED BEEF RIB MASH GRILLED PORTOBELLO STEAK MUSHROOMS	R415
ARGENTINIAN ANGUS CUBE ROLL ^{400G} GRASS FED	R495
ARGENTINIAN ANGUS STRIPLION ^{400G} GRASS FED	R395
ANGUS BEEF TOMAHAWK ^{800G}	R1200

ALL OF THE ABOVE JOSPER COAL GRILLS ARE ACCOMPANIED BY ROASTED PEARL ONIONS, GRILLED PORTOBELLO MUSHROOMS, ETHOS POTATOES, RED WINE JUS AND SMOKED BONE MARROW BUTTER, MALDON SALT.

JOSPER CHARCOAL GRILLS

BEEF RIBEYE ^{350G} FINE BEAN TOMATO ONION SALAD CORIANDER CHARRED TOMATOES SALSA.	R295
BEEF FILET ON BONE ^{350G} GRILLED FINE BEANS BUTTON MUSHROOMS CAULIFLOWER PUREE RED WINE JUS.	R295
LAMB RACK ^{400G} TENDER STEM BROCCOLI ROASTED SWEET POTATO SWEET POTATO PUREE SWEET POTATO CHIP.	R395
PORK TOMAHAWK ^{700G} ETHOS POTATOES CHIMICHURRI SMOKED BONE MARROW BUTTER.	R385
BEEF TOMAHAWK ^{700G} ETHOS POTATOES CHIMICHURRI SMOKED BONE MARROW BUTTER.	R385



SIDES

R45 each

MUSHROOM SAUTEED (v)

ROASTED CARROTS (v)

MASHED POTATOES (v)

PAN FRIED BROCCOLI (v)

ETHOS FRIES (v)

SAUCES

R45 each

JUS

MUSHROOM SAUCE

CHIMICHURRI



DESSERTS

BUTTERSCOTCH VOLCANO

CHARRED PINEAPPLE | SPARKING PINEAPPLE SORBET. (PLEASE ALLOW 15 MINS).

R115

TIRAMISU ESPRESSO

AMARULA AND RUM STEEPED FINGER BISCUITS.

R95

ALMOND PANNA COTTA

PANNA COTTA, BERRIES, HONEY COMB, SALTED CARAMEL MOUSSE.

R105

CHOCOLATE MOUSSE TART

CHOCOLATE MOUSSE TART | CRÈME FRAICHE ICE CREAM | CHOCOLATE DUST | STRAWBERRY.

R95

SUMMER BERRY MERINGUE

SUMMER BERRY MERINGUE | STRAWBERRY SORBET | BERRIES.

R95

TRIO OF ICE CREAM

CHOCOLATE | SALTED CARAMEL | VANILLA MASCARPONE

R95